

Kathryn Ayala

Faculty
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EDUCATION

December 2007 Texas A&M University-Kingsville, TX
Master of Science in Human Sciences, minor in Psychology &
Sociology

December 2005 Texas A&M University-Kingsville, TX
Bachelor of Science in Human Sciences, emphasis in Human
Development & Family Studies

May 2004 Southwest Texas Junior College, Uvalde, TX
Associate of Arts Degree in General Education

COLLEGE TEACHING/EXPERIENCE

2008-present Southwest Texas Junior College, Uvalde, TX
Psychology & Sociology Instructor

Courses Taught:
PSYC 2301 General Psychology
PSYC 2314 Lifespan
SOCL 1301 Introduction to Sociology
EDUC1300 Learning Frameworks

Spring 2008 Texas A&M University-Kingsville, TX
Human Sciences Instructor

Courses Taught:
HSCI 1300 Introduction to Human Sciences
HSCI 2320 Foundations of Child Development
HSCI 3340 Residential Analysis
HSCI 4370 Senior Seminar: A Capstone Experience

PREVIOUS EXPERIENCE

2006-present Human Sciences Advisory Council

2006-2007 Graduate Research Assistantship, TAMU-Kingsville, TX
Research Assistant. Assisted faculty with the Safe and Healthy
Children Project by gathering data and facilitating a parenting
program in an effort to enhance nurturing parenting skills within
the community.

2005 Pregnancy, Education, & Parenting (PEP) Program, Practicum Experience

2002-2003 Rainbow Pals Daycare, Uvalde, TX
Caregiver (part-time). Provided care for toddlers, preschool &
after-school children.

2001-2002 Powers & Kirchner Child Development Center, Uvalde, TX
Caregiver (part-time). Provided care for infants and toddlers.

HONORS AND AWARDS

2006 & 2007 Outstanding Graduate Student in Human Sciences
2005 Kappa Omicron Nu, National Honor Society for Human Sciences
2005 Alpha Chi, National College Honor Society
2005 The National Deans List
2004 & 2005 Texas A&M University-Kingsville Dean's List
2004 Texas A&M University-Kingsville President's List
2004 Southwest Texas Junior College President's Honor Roll
2004 Southwest Texas Junior College Dean's Honor Roll

PUBLICATIONS

PRESENTATIONS

2019 Psychological Approaches in the Child Care Setting for Infants and Toddlers, Workforce Solutions Middle Rio Grande Child Care Provider Services
2018 Save the Teens
2018 Childhood Anxiety and Mindfulness, Child Care Provider Continuing Education
2018 Ice-Breakers and Active Learning Session, Convocation Faculty
2018 Psychological Approaches and Applications, Child Development Workshop
2017 Sharing Ideas for Active and Enthusiastic Learning Session, Convocation Faculty
2016 Child Abuse Awareness and Prevention Week, City of Eagle Pass Proclamation
2006 Association for Childhood Education International (ACEI), San Antonio, TX Conference & Exhibition

PROFESSIONAL DEVELOPMENT

2019 Therapeutic Art Interventions for Children and Teens: Creative ways to Calm Anxiety, Reduce Social Withdrawal, and Diffuse Anger and Rage
2019 Youth Mental Health First Aid, National Council for Behavioral Health
2019 Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry
2018 Anxiety Disorders in Children and Adolescents: Recognizing and Treating the Emerging Epidemic
2018 Canvas Training Webinar
2016 Keeping Families Safe: A Coordinated Response to Domestic Violence and Sexual Assault
2015 Multicultural Education, local credit online course
2014 Advanced Mindfulness Techniques
2013 Revolutionizing Diagnosis and Treatment Using the DSM-V
2011 64th Annual Texas Community College Teachers Association (TCCTA) Convention, San Antonio, TX
May 2009 Texas Community College Teacher's Association (TCCTA) Great Teaching Roundup, Burnette, TX Canyon of the Eagles