

SWTJC Fitness and Swim Center FACILITY USE UPDATES

Due to the current coronavirus pandemic, SWTJC Fitness & Swim Center will follow CDC safety guidelines to help ensure the safety of our patrons and help stop the spread of this virus. Our facilities (including the pool), the fitness center, and La Forge Hall gymnasium, will follow strict guidelines suggested by the CDC.

All workout facilities are available **by appointment only** by booking time through the **online reservation portal**. You will be required to show appointment confirmation upon arrival and complete a temperature check, masks are required in all exercise areas.

***** Until online reservation application is implemented all appointments can be made at the Fitness Center Lobby check in station or by phone. Reservations can be made no more than one day in advance.**

Facility Schedule:

General Use Hours:

- **Monday-Thursday 1-9 p.m.**
- **Sunday 5-9 p.m.**

Faculty/Staff Hour (New)

- **Monday –Thursday 12-1 p.m.**

COVID POLICY UPDATES

- Workout Time slots are 1:15 hour sessions. Reservation time can be made one day in advance.
 - Note: back to back reservation hour cannot be reserved.
- Facility Sanitation: After each reservation transition period all workout areas are cleaned.
- All students Faculty, Staff and Community must present a valid SWTJC ID.
 - Note: Community and Students must present receipt of current semester.
- Locker Rooms: No Showers available currently. Restroom use only.
- Equipment Checkout: No towels available – patrons are advised to bring towel.
- Water Fountains: Available for bottle fill only. Patron must provide own water bottle with secure lid.
- Lobby Area: is only available for check in. If patron arrives early and capacity is at max, you will be asked to remain outside until assigned time.
- Wipe down all equipment before and after use.
- Mask mandate is in effect at SWTJC.